

<p>Lunch is Served 12pm-1pm Tuesdays- Thursdays</p> <p>Meals on wheels Monday -Friday</p>	<p>Lunch is served with 8oz milk Salad Bar is Available</p> <p>Inquire about meals on wheels at the senior center or call 970-563-4561</p>	<p>1. Sloppy Joes w.w bun French fries carrots apple sauce</p>	<p>2. Lasagna Italian Veggie Garlic bread Mandurian oranges</p> <p>Birthday Social</p>	<p>3.Beef Stuffed Bell Peppers Rosemary potatoes Cali Veggies Vanilla yogurt w/ strawberries</p>
<p>6. French Dip Broccoli String cheese Mixed fruit</p>	<p>7. Chicken & dumplings Broccoli Apricots Baked cookie</p>	<p>8. Mexican red chili Stew w/ pork Green beans Mexi rice Pears</p>	<p>9. Chicken Fried Steak Mashed potatoes Gravy Broccoli and cheese oranges</p>	<p>10. Brats n Sauerkraut Scalloped potatoes Green beans peaches</p>
<p>13.salisbury steak Mashed potatoes Mixed veggie w.w. roll tapioca pudding</p>	<p>14. Tamales Spinach Spanish rice Pears</p>	<p>15. Breaded Pork chops Stuffing Squash Roll Applesauce</p>	<p>16. Shrimp Alfredo Angel pasta Bread sticks Salad peaches</p>	<p>17. Chicken cordon bleu Steamed rice Asparagus Lemon pudding</p>
<p>20.Mac and cheese w/ham Cornbread Salad Banana</p>	<p>21. Spaghetti and Meat Balls Italian veggie Garlic Bread Plums</p>	<p>22. Indian Tacos Red chili Pinto beans Cheese, Lettuce, Tomato, Salsa Orange slices</p>	<p>23. Beef and Broccoli Steamed Rice Mixed fruit Fortune cookie</p>	<p>24. Crunchy Baked Cod Rosemary Potatoes Oriental veggie Mandurian oranges Cookie</p>
<p>27.BBQ sausages and peppers Oven browned potatoes Cole slaw Grapes</p>	<p>28. Orange Chicken Steamed rice Beets pineapple</p>	<p>29 Chicken Enchiladas lettuce Tomatoes, salsa Spanish rice Fruited Jell-O</p>	<p>30.BBQ Pork Sandwiches Baked beans Cole slaw Fresh strawberries</p>	<p>31. Frito Pie w/ pork green chili Cheese, lettuce, tomato, Carrots Pears</p>