October 2019

Some trips may require a minimum number of participants.	1.	2.Exercise 10am Exercise breakfast 9am	3.	4. exercise 10am Northern edge Casino 10am
7. Exercise 10am	8. Senior movie day! Sorry no afternoon transports.	9. Exercise 10am	10. Game day 2pm	11. Exercise 10am Arches and thrift store shopping 10am
14. Closed	15. Arts and crafts 2pm	16. Exercise 10am	17.	18. Exercise 10am
21. Exercise 10am	22.	23. Exercise 10am	24. Game day 2pm	25. Exercise 10am
28. Exercise 10am	29. Arts and crafts 2pm	30. Exercise 10am	31. Happy Halloween Costume contest and games, 1:30pm	The senior center provides the transportation for all trips, the client is responsible for all other cost i.e. food, gambling entry fees etc.