

September 2020 Menu

| Monday | Tuesday | Wednesday | Thursday |
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| <p>•Please make reservations by 9:30am on the day you plan to eat at the Senior Center by calling 970-563-4561.</p> <p>Salad bar and hot meal are served 12pm-1pm. All meals served with 8 oz. milk.</p> | <p>1</p> <p>French Dip Oven browned potatoes Mixed veggie Mandarin oranges</p> | <p>2</p> <p>Italian pasta Sausage Brussel sprouts Bread sticks Apple slices</p> | <p>3</p> <p>Chicken Alfredo Fettuccine Garlic bread Spiced peaches</p> |
| <p>7</p> <p>Closed Labor Day!</p> | <p>8</p> <p>Pork Stir fry Fortune cookie Pineapples</p> | <p>9</p> <p>Brats and Sauerkraut Scalloped potatoes Green beans Tropical fruit</p> | <p>10</p> <p>Beef Enchiladas Pinto beans Corn confetti Fruited gelatin</p> |
| <p>14</p> <p>Meat loaf Mashed potatoes Gravy Green beans Wheat roll Pineapple</p> | <p>15</p> <p>Chili Relleno Spanish rice Corn Diced peaches</p> | <p>16</p> <p>Spinach sausage and onion quiche W.W. pancakes Fresh fruit</p> | <p>17</p> <p>Oven fried chicken Mixed veggie W.W. roll Apple crisp</p> |
| <p>21</p> <p>Tuna casserole Beets Mixed fruit</p> | <p>22</p> <p>Chicken fried steak Mashed potatoes Country gravy Spinach Wheat roll Jell-O</p> | <p>23</p> <p>American goulash Mixed veggie Wheat roll pears</p> | <p>24</p> <p>Breaded pork chops Stuffing Green beans Applesauce</p> |
| <p>28</p> <p>Fish taco w/coleslaw Black beans Cilantro rice Fruit salad</p> | <p>29</p> <p>Cheeseburger French fries Broccoli salad Mixed fruit</p> | <p>30</p> <p>Ball Park franks Cole slaw Baked beans Peaches and crème</p> | <p>•The cost is a suggested donation of \$4 for seniors 60+ or \$8.50 fee for people under 60.</p> <p>•The cost is a suggested donation of \$4 for Native Americans 55+ or \$8.50 fee for Native Americans under 55.</p> <p>The Senior Center relies on your contributions for lunch donations.</p> <p style="text-align: center;">THANK YOU!</p> |